

Travelling for Business?

Here is what you need to know

Before you Travel

- Visit www.internationalsos.com
 - Access accurate, real time information, such as country guides on your destination.
 - Online medical reports with options to sign up for health and safety email alerts.
- Call any of the 24 hour assistance centers for pre-travel information (e.g. vaccinations, required medication, and advice)
- Download the travel app
 - Open your Smartphone's browser and go to app.internationalsos.com and all you will need is your organization's Membership Number: **11BCMA651581**

While Travelling

Lost medication? Coming down with the flu and need a doctor? Sometimes things happen while travelling and you may not always know where to go for help. Contact ISOS through the assistance centers if you need:

- Health and safety advice
- To speak with an experienced internationally trained specialist
- Need to see a medical specialist and need a referral to one credentialed by ISOS
- Require supplies of medication or equipment

In Case of Emergency

- In cases of emergency call local emergency services first.
- Call an ISOS assistance center and notify your supervisor when you are able.
 - ISOS will be able to:
 - Arrange transportation if needed
 - Monitor your condition and advise
 - Evacuate you to a center of excellence if local facilities are inadequate
 - Contact your family

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