



Bii Hane' bikazi bits'aadee' Bit'aa' t'aa 'adzaagoo yileeh 'aadoo Dezla (SBC) naaltsoos hani bik'ehgo dzaadi! ni bitaa'disk'aas a shanah naasha hodeest'a. Bii SBC da'nil'j ni haa ni 'aadoo bii hodeest'a laanaa ba'nistsood bii baah 'ilj ba tsinaabaas bik'i dah shanah naasha baa 'ahashya 'ahilka 'ana'alwo'. NISH'J: Bika'ashkid 'aa bii baah 'ilj bits'aadee' dii hodeest'a (yinishye bii doo bida'itijhgo) hani bik'ehgo 'asht'j ladaa' t'aa sahdii. Dii shi t'eiya lei hane' bikazi. Ba bilaah bika'ashkid 'aa nii dezla, doodaii goo bil hanish'aash lei t'oo be'elyaaigii bits'aadee' bii hadanisht'e 'alch'onii'ni bits'aadee' dezla, bika hashne' 1-888-895-6985 doodaii gi www.bcbsil.com. Ba t'aa 'at'ego k'enabidish'niih bits'aadee' neinishli 'alch'onii'ni, 'akohoolyeeedi gi badi'nish'aah t'aa 'alch'jido, ta'ida le'dolt'e' gone 'adaa', cohane' bbikazi, ha'asdiis, naa'iiniih, t'aa shi 'ak'iisdzil, doodaii la'igii ayaa kwiidi 'alch'onii'ni, 'eesh'j bii Gbits'aa'ary. Ni bineesh'a nayaagi bii Gbits'aa'ary gi www.healthcare.gov/sbc-glossary/ doodaii bika hashne' 1-855-756-4448 goo yinishkeed lei hanish'aash.

Ts'ida biholniihgo Na'idikid	Hanasdziih	Ha'at'iish Dii Naat'i'ji:
Ha'at'iisha' shi bii t'aa 'at'ee nt'ee' naa'iiniih?	Di-Netnaanish: \$750 T'aa 'adiighahago / \$1,500 Dah'ooneligii 'Aahoosht'jhh-bits'aadee'-Netnaanish: \$1,500 T'aa 'adiighahago / \$3,000 Dah'ooneligii	T'aa 'at'egoly, ni ba neile doo hozho 'iljigoo t'aa 'aniiltso bits'aadee' bii t'aadoo baahilinigoo dee' t'aa shi 'ak'iisdzils wodaah goo bii naa'iiniih t'aa 'alch'jido bitse dii hodeest'a ch'ihoghaah goo 'iljigoo. Daa ni be'esdzaah la'igii dah'ooneligii 'anishtah 'akaa'gi bii hodeest'a, each dah'ooneligii member ba neile 'alch'j' naalk'id daabi t'aa bii t'aa 'adiighahago naa'iiniih j' bii t'aa 'at'rgo t'aa 'alch'jido bits'aadee' naa'iiniih da'ilj yinishkaah ee' t'aa 'aniiltso dah'ooneligii 'anishtah 'alch'j' naalk'ids bii t'aa 'at'ee nt'ee' dah'ooneligii naa'iiniih.
Bineesh'a 'aadi 'ahilka 'ana'alwo' tsinaabaas bik'i dah bitse ni 'alch'j' naalk'id nii naa'iiniih?	Aoo' 'auu'. Binishkaah biniisht'l'aah baa 'ahashya shi tsinaabaas bik'i dah bitse 'ayeel, ni 'alch'j' naalk'id nii naa'iiniih.	Dii hodeest'a ak'esti'i la' biighahi 'aadoo 'ahilka 'ana'alwo' bil k'eedish'eeh daa ni be'esdzaahn't t'ah baa yiltsoos bii naa'iiniih t'aa 'alch'jido. Ndi lei ha'asdiis doodaii cohane' bbikazi t'aatsoh tsin bijeeh. Ba ladaa', dii hodeest'a ak'esti'i binishkaah biniisht'l'aah 'ahilka 'ana'alwo' t'aadoo baah 'ilj alts'aa' ak'iizgo 'aadoo bitse ni 'alch'j' naalk'id nii naa'iiniih. La' lei 'alkee' yisdzoh bits'aadee' tsinaabaas bik'i dah biniisht'l'aah 'ahilka 'ana'alwo' gi www.healthcare.gov/coverage/preventive-care-benefits/ .
Bineesh'a 'aadi la'igii naa'iiniih ba 'adishtazh 'ahilka 'ana'alwo'?	'Adin.	Ni t'aadoo be'esdzaah goo 'alch'j' naalk'id naa'iiniih ba 'adishtazh 'ahilka 'ana'alwo'.
Ha'at'iisha' shi bii 'aahoosht'jhh - bits'aadee'-aza'azis bits'adeet'anigii ba dii hodeest'a?	Di-Netnaanish: \$3,500 T'aa 'adiighahago / \$7,000 Dah'ooneligii 'Aahoosht'jhh-bits'aadee'-Netnaanish: \$7,000 T'aa 'adiighahago / \$14,000 Dah'ooneligii	Bii 'aahoosht'jhh -bits'aadee'-aza'azis bits'adeet'anigii shi bii agha ni gi le' doo hozho 'iljigoo di lei naahai ba tsinaabaas bik'i dah 'ahilka 'ana'alwo'. Daa ni be'esdzaah la'igii dah'ooneligii 'anishtah di dii hodeest'a, ho be'esdzaah goo 'alch'j' naalk'id daabi t'aa bii 'aahoosht'jhh -bits'aadee'-aza'azis bits'adeet'anigii j' bii t'aa 'at'ee nt'ee' dah'ooneligii 'aahoosht'jhh - bits'aadee'-aza'azis bits'adeet'anigii binilo' dooleel baa yitijh.
Ha'at'iisha' shi doo bil 'ahoolta' di bii 'aahoosht'jhh - bits'aadee'-aza'azis bits'adeet'anigii?	Doo bida'itijhgoos, ta'ida le'dolt'e' gone- 'adaa' yeel, 'aadoo shanah naasha baa 'ahashya dii hodeest'a dineshkai ak'esti'i.	Bil k'eedish'eeh t'ah ni doo hozho 'iljigoo dii da'ilj, ho t'aadoo dil wolta' 'at'aah bii 'aahoosht'jhh -bits'aadee'-aza'azis bits'adeet'anigii.

Hani' bik'ehgo ni doo hozho 'iljigoo a'oh daa ni t'aa ch'inigoo lei <u>netnaanish t'aa shi 'ak'iisdzil</u>?	Aoo' 'auu'. 'Eesh'j www.bcbsil.com doodaii bika hashne' 1-888-895-6985 ba lei 'alkee' yisdzoh bits'aadee' <u>netnaanish t'aa shi 'ak'iisdzils</u>.	Dii hodeest'a choinish'jjh lei t'aa shi 'ak'iisdzil netnaanish. Ni hani bik'ehgo doo hozho 'iljigoo a'oh daa ni t'aa ch'inigoo a t'aa shi 'ak'iisdzil di bii hodeest'a's <u>netnaanish</u>. Ni hani bik'ehgo doo hozho 'iljigoo bii agha daa ni t'aa ch'inigoo la 'aahoosht'jjh - bits'aadee' -netnaanish t'aa shi 'ak'iisdzil, 'aadoo ni dziili bee baa yiltsoos lei bill dee' lei t'aa shi 'ak'iisdzil ba bii saad bil 'ahest'aah ata' bii t'aa shi 'ak'iisdzil's yeel 'aadoo ha'at'iisha' nii hodeest'a (ta'ida le'dolt'e' gone 'adaa'). 'Asht'j 'ahashya, nii netnaanish t'aa shi 'ak'iisdzil dziili bee t'aa ch'inigoo la 'aahoosht'jjh - bits'aadee' -netnaanish t'aa shi 'ak'iisdzil ba la' 'ahilka 'ana'alwo' ('akohoolyeedi gi gaanee naanish). Na'ashkaah ee' nii t'aa shi 'ak'iisdzil bitse ni bil hanish'aash 'ahilka 'ana'alwo'.
'Ashneeh ni t'aa 'akoneehee lei <u>dik'oozh</u> goo 'eesh'j lei a'alkee' <u>yisdzoh</u>?	'Adin.	Ni bineesh'a 'eesh'j bii a'alkee' <u>yisdzoh</u> ni bitaa'disk'aas t'aadoo lei <u>dik'oozh</u>.



T'aa 'aniiltso ha'asdiis 'aadoo cohane' bbikazi t'aadoo baahilinigoo sht'aa biji di dii 'abi'dilkeed bineesh'a bika nii naa'iiniih binilo' dooleel baa yitijh, daa lei naa'iiniih na'anish.

Neinishli Azee' Bil k'eedish'eeht	'ahilka 'ana'alwo' ni t'aatsoh T'aa 'akoneehee	Ha'at'iisha' ni hani bik'ehgo 'iljjgoo		Bits'adeet'anigii, T'aa hazhoo, & La'igii Ts'ida biholniihgo Bika'ashkid
		Di-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljjgoo bii t'aa shooda)	'Aahoosht'jjh – bits'aadee'-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljjgoo bii agha)	
Daa ni hootaasha lei shanah naasha baa 'ahashya t'aa shi 'ak'iisdzil's nizaajj' na'anishigii doodaii azee'al'j ba nahoot'aah	'liniih baa 'ahashya hootaasha goo 'azee' baah la ti'dilt'e doodaii aah dah hoyool'aalii	\$25 'ayeel/hootaasha; <u>naa'iiniih</u> 'ashneeh doo tsin bijeeh	40% <u>cohane'</u> <u>bbikazi</u>	Yish'a hootaashas: \$25/hootaasha; <u>naa'iiniih</u> 'ashneeh doo tsin bijeeh. 'Eesh' nii ba naaltsoos* ba t'aa yini 'at'eegi.
	A'alkee' yisdzoh hootaasha	\$40 'ayeel/hootaasha; <u>naa'iiniih</u> 'ashneeh doo tsin bijeeh	40% <u>cohane'</u> <u>bbikazi</u>	'Adin
	Biniishti'aah baa 'ahashya/tseso' <u>bich'aah</u> / Bee dinishhijh	'Adin Yeel; <u>naa'iiniih</u> 'ashneeh doo tsin bijeeh	40% <u>cohane'</u> <u>bbikazi</u>	Ni t'aatsoh be'esdzaah goo doo hozho 'iljjgoo ba 'ahilka 'ana'alwo' eii ndi da <u>biniishti'aah</u> . Na'idishkid nii t'aa shi <u>'ak'iisdzil</u> daa bii 'ahilka 'ana'alwo' t'aa 'akoneehee bineesh'a <u>biniishti'aah</u> . 'Ako na'ashkaah ha'at'iisha' nii <u>hodeest'a</u> hani bik'ehgo doo hozho 'iljjgoo ba.
Daa ni be'esdzaah lei 'azada'ashnil	<u>Ee'deetijhii</u> 'azada'ashnil (agha'deeldlaad yishtish naanish)	20% <u>cohane'</u> <u>bbikazi</u>	40% <u>cohane'</u> <u>bbikazi</u>	<u>Bitse</u> bee la 'ashleeh t'aatsoh 'asht'j bee hoosh'aah; 'eesh'j nii ba naaltsoos* ba t'aa yini 'at'eegi.
	Bidineshyesh (CT/PET bik'idishhaal, MRIs)	20% <u>cohane'</u> <u>bbikazi</u>	40% <u>cohane'</u> <u>bbikazi</u>	
Daa ni t'aa 'akoneehee 'azee' tsi'nda'ilahigii goo 'azee' baah nii aah dah hoyool'aalii doodaii doo 'at'ehogoo Bilaah bika'ashkid 'aa <u>biniye 'azee'</u> <u>tsi'nda'ilahigii dezla</u> shi bil hadlee' gi caremark.com	'Ako'oolyeeni 'azee' tsi'nda'ilahigii	Na'iishniih: \$10 'ayeel Naaltsoos naage Biniye: \$20 'ayeel	Na'iishniih: \$10 'ayeel Naaltsoos naage Biniye: \$20 'ayeel	'Adin.
	Baah haah nisin bee 'i'diidliid 'azee' tsi'nda'ilahigii	Na'iishniih: \$30 'ayeel Naaltsoos naage Biniye: \$60 'ayeel	Na'iishniih: \$30 'ayeel Naaltsoos naage Biniye: \$60 'ayeel	'Adin.
	Doo-baah haah nisin bee 'i'diidliid 'azee' tsi'nda'ilahigii	Na'iishniih: \$55 'ayeel Naaltsoos naage Biniye: \$120 'ayeel	Na'iishniih: \$55 'ayeel Naaltsoos naage Biniye: \$120 'ayeel	'Adin.
	<u>Naanalahgoo 'azee'</u> <u>tsi'nda'ilahigii</u>	\$55 'ayeel	\$55 'ayeel	Naaltsoos naage biniye doo badi'nish'aah.

* Ba bilaah bika'ashkid 'aa bits'adeet'anigii 'aadoo t'aa hazhoo, 'eesh'j bii hodeest'a doodaii beehaz'aanii naaltsoos gi www.bcbsil.com.

Neinishli Azee' Bil k'eedish'eeht	'ahilka 'ana'alwo' ni t'aatsoh T'aa 'akoneehee	Ha'at'iisha' ni hani bik'ehgo 'iljigoo		Bits'adeet'anigii, T'aa hazhoo, & La'igii Ts'ida biholniihgo Bika'ashkid
		Di-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljigoo bii t'aa shooda)	'Aahoosht'j'jh – bits'aadee'-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljigoo bii agha)	
Daa ni be'esdzaah bik'i hataalii na'agizh	'Ahashleeh 'ayeel (e.g., t'aa honishyol na'agizh alnii')	20% <u>cohane'</u> bbikazi	40% <u>cohane'</u> bbikazi	Bitse bee la 'ashleeh t'aatsoh 'asht'j bee hoosh'aah.
	Azee'iil'ini/azee'iil'ini na'algizhii biyeel	20% <u>cohane'</u> bbikazi	40% <u>cohane'</u> bbikazi	'Adin
Daa ni t'aa 'akoneehee t'aa 'ako azee' baa naanish 'agha	Nisihwiinideel bihooghah baa 'ahashya	'Ahashleeh Yeel: \$150 'ayeel/hootaasha; <u>naa'iinih</u> 'ashneeh doo tsin bijeeh ER Azee'iil'ini Yeel: 20% <u>cohane'</u> bbikazi; <u>naa'iinih</u> 'ashneeh doo tsin bijeeh	'Ahashleeh Yeel: \$150 'ayeel/hootaasha; <u>naa'iinih</u> 'ashneeh doo tsin bijeeh ER Azee'iil'ini Yeel: 20% <u>cohane'</u> bbikazi; <u>naa'iinih</u> 'ashneeh doo tsin bijeeh	'Ayeel waived daa admitted. Doo-Nisihwiinideel t'aa ch'inigoo bits'aadee' ER: Di-Netnaanish 'iljigoo gi \$150 'ayeel no <u>naa'iinih</u> 'aadoo In-Netnaanish <u>cohane'</u> <u>bbikazi</u> tsin bijeeh. T'aa 'alch'jjidigo bits'aadee'-Netnaanish 'iljigoo gi \$150 'ayeel, no <u>naa'iinih</u> 'aadoo T'aa 'alch'jjidigo bits'aadee'-Netnaanish <u>cohane'</u> <u>bbikazi</u> tsin bijeeh.
	Nisihwiinideel azee' bee nahat'ii	20% <u>cohane'</u> bbikazi	20% <u>cohane'</u> bbikazi	Bitse bee la 'ashleeh t'aatsoh 'asht'j bee hoosh'aah ba doo-nisihwiinideel bee nahat'ii; 'eesh'j nii ba naaltsoos* ba t'aa yini 'at'eegi.
	T'ah kodaa' baa 'ahashya	\$75 'ayeel/hootaasha; <u>naa'iinih</u> 'ashneeh doo tsin bijeeh	40% <u>cohane'</u> bbikazi	'Adin
Daa ni be'esdzaah lei azee'al'j 'adinsh'neeh	'Ahashleeh 'ayeel (e.g., azee'al') bihooghah)	20% <u>cohane'</u> bbikazi	40% <u>cohane'</u> bbikazi	Bitse bee la 'ashleeh bee hoosh'aah.
	Azee'iil'ini/azee'iil'ini na'algizhii biyeel	20% <u>cohane'</u> bbikazi	40% <u>cohane'</u> bbikazi	'Adin

* Ba bilaah bika'ashkid 'aa bits'adeet'anigii 'aadoo t'aa hazhoo, 'eesh'j bii hodeest'a doodaii beehaz'aanii naaltsoos gi www.bcbsil.com.

Neinishli Azee' Bil k'eedish'eeht	'ahilka 'ana'alwo' ni t'aatsoh T'aa 'akoneehee	Ha'at'iisha' ni hani bik'ehgo 'iljigoo		Bits'adeet'anigii, T'aa hazhoo, & La'igii Ts'ida biholniihgo Bika'ashkid
		Di-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljigoo bii t'aa shooda)	'Aahoosht'jjh – bits'aadee'-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljigoo bii agha)	
Daa ni t'aa 'akoneehee yini 'ahodildin shanah naasha, doodahagi 'ashneeh shanah naasha, doodaii bik'ihoolzhiish 'ayah 'aniishhaash 'ahilka 'ana'alwo'	Bik'i hataalii 'ahilka 'ana'alwo'	\$25 'ayeel/nizaajj' na'anishigii hootaasha; <u>naa'iiniih</u> 'ashneeh doo tsin bijeeh; 20% <u>cohane</u> <u>bbikazi</u> ba la'igii bik'i hataalii 'ahilka 'ana'alwo'	40% <u>cohane</u> <u>bbikazi</u>	PCP 'ayeel' na'anish goo psychla'igiiapy nizaajj' na'anishigii hootaasha t'eiya. <u>Bitse</u> <u>bee la 'ashleeh</u> t'aatsoh 'asht'j bee hoosh'aah; 'eesh'j nii ba naaltsoos* ba t'aa yini 'at'eegi. Yish'a hootaashas: \$25/hootaasha; <u>naa'iiniih</u> 'ashneeh doo tsin bijeeh. 'Eesh'j nii ba naaltsoos* ba t'aa yini 'at'eegi.
	Kone' 'ahilka 'ana'alwo'	20% <u>cohane</u> <u>bbikazi</u>	40% <u>cohane</u> <u>bbikazi</u>	<u>Bitse bee la 'ashleeh</u> bee hoosh'aah.
Daa ni bineesh'a yistsa	Nizaajj' na'anishigii hootaashas	\$25 PCP/\$40 SPC 'ayeel/hootaasha; <u>naa'iiniih</u> 'ashneeh doo tsin bijeeh	40% <u>cohane</u> <u>bbikazi</u>	'Ayeel' na'anish goo lahgo 'anashdleeh daa' ala' hootaasha (per pregnancy). <u>Baah 'ilj alts'aa</u> 'ak'iizgo 'ashneeh doo tsin bijeeh ba <u>biniishti'aah</u> 'ahilka 'ana'alwo'. Bee hodinists'iid 'akaa'gi bii biighahi bits'aadee' 'ahilka 'ana'alwo', a 'ayeelment, <u>cohane</u> <u>bbikazi</u> , doodaii <u>naa'iiniih</u> t'aatsoh tsin bijeeh. Bishchiinii baa 'ahashya t'aatsoh 'iinishta' 'azada'ashnil 'aadoo 'ahilka 'ana'alwo' hazhoo baa hashne lahdi di bii SBC (i.e. ultrasound).
	'Awee' hanissood/baa nishheeh ts 'ida bik'eetl'ani 'ahilka 'ana'alwo'	20% <u>cohane</u> <u>bbikazi</u>	40% <u>cohane</u> <u>bbikazi</u>	
	'Awee' hanissood/baa nishheeh 'ahashleeh 'ahilka 'ana'alwo'	20% <u>cohane</u> <u>bbikazi</u>	40% <u>cohane</u> <u>bbikazi</u>	'Adin
Daa ni t'aa 'akoneehee dzaadi! ya'at'eeh naashdleel doodaii be'esdzaah la'igii t'aa	<u>Hooghan shanah naasha baa</u> <u>'ahashya</u>	20% <u>cohane</u> <u>bbikazi</u>	40% <u>cohane</u> <u>bbikazi</u>	<u>Bitse bee la 'ashleeh</u> t'aatsoh 'asht'j bee hoosh'aah. Bits'adeet'anigii goo 120 hootaasha nahidiziidj' ba hahalzhiish t'aala' ee' t'aa sahdii holo bicha hwiideeni' bi'iisht'o'.

* Ba bilaah bika'ashkid 'aa bits'adeet'anigii 'aadoo t'aa hazhoo, 'eesh'j bii hodeest'a doodaii beehaz'aanii naaltsoos gi www.bcbsil.com.

Neinishli Azee' Bil k'eedish'eeht	'ahilka 'ana'alwo' ni t'aatsoh T'aa 'akoneehee	Ha'at'iisha' ni hani bik'ehgo 'iljigoo		Bits'adeet'anigii, T'aa hazhoo, & La'igii Ts'ida biholniihgo Bika'ashkid
		Di-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljigoo bii t'aa shooda)	'Aahoosht'jjh – bits'aadee'-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljigoo bii agha)	
'adiighghago shanah naasha t'aa 'akoneehee	<u>Nadziih 'ahilka 'ana'alwo'</u>	20% <u>cohane' bbikazi</u>	40% <u>cohane' bbikazi</u>	Bits'adeet'anigiiid goo 90 hootaashas nahidiziidjj ba hahalzhiish ba naanish be'niih baa jiinishba' 90 hootaashas nahidiziidjj ba hahalzhiish ba 'adzoodza saad baa jiinishba', 'aadoo 90 hootaashas nahidiziidjj ba hahalzhiish ba bidi'nill' baa jiinishba'. <u>Bitse bee la 'ashleeh t'aatsoh 'asht'j bee hoosh'aah.</u>
	<u>T'aa 'alch'jjidigo 'ahilka 'ana'alwo'</u>	20% <u>cohane' bbikazi</u>	40% <u>cohane' bbikazi</u>	
	<u>Yiishchijh bi'iisht'o' baa 'ahashya</u>	20% <u>cohane' bbikazi</u>	40% <u>cohane' bbikazi</u>	Bits'adeet'anigii goo 90 yilkaah nahidiziidjj ba hahalzhiish. <u>Bitse bee la 'ashleeh t'aatsoh 'asht'j bee hoosh'aah.</u>
	<u>Dits'id azee' t'aa yinelee</u>	20% <u>cohane' bbikazi</u>	40% <u>cohane' bbikazi</u>	Bit'aa' t'aa 'adzaagoo yileeh bineesh'a bits'adeet'anigii goo biighahi t'aa chooz'jjidigii goo naaltsoos a azee' biniye. <u>Dits'id Azee' T'aa yinelee bit'aa' t'aa 'adzaagoo yileeh bineesh'a ladaa' ba t'aa 'aniidla nahashniih 'aadoo bik'e na'nishle t'aa yinelee (hodah goo bii nahashniih baah 'ilinigii).</u> <u>Bitse bee la 'ashleeh t'aatsoh 'asht'j bee hoosh'aah.</u>
	<u>'Adaa 'ahashya 'ahilka 'ana'alwo'</u>	20% <u>cohane' bbikazi</u>	40% <u>cohane' bbikazi</u>	<u>Bitse bee la 'ashleeh t'aatsoh 'asht'j bee hoosh'aah.</u>

Neinishli Azee' Bil k'eedish'eeht	'ahilka 'ana'alwo' ni t'aatsoh T'aa 'akoneehee	Ha'at'iisha' ni hani bik'ehgo 'iljjgoo		Bits'adeet'anigii, T'aa hazhoo, & La'igii Ts'ida biholniihgo Bika'ashkid
		Di-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljjgoo bii t'aa shooda)	'Aahoosht'jjh – bits'aadee'-Netnaanish T'aa shi 'ak'iisdzil (Ni hani bik'ehgo doo hozho 'iljjgoo bii agha)	
Daa nii awee t'aa 'akoneehees awoo' yinaainishi doodaii anaa' baa 'ahashya	Aweeren's anaa' haassiid	Doo Tsinaabaas bik'i dah	Doo Tsinaabaas bik'i dah	'Adin
	Aweeren nak'ee sinili	Doo Tsinaabaas bik'i dah	Doo Tsinaabaas bik'i dah	'Adin
	Aweeren awoo' yinaainishi na'ashkaah-wodah	Doo Tsinaabaas bik'i dah	Doo Tsinaabaas bik'i dah	'Adin

'Anishdin 'ahilka 'ana'alwo' & La'igii Tsinaabaa bik'i dah 'ahilka 'ana'alwo':

'Ahilka 'ana'alwo' nii <u>Hodeest'a</u> T'aa 'at'e 'ashneeh doo Ak'esti'i (Na'ashkaah nii beehaz'aanii doodaii <u>hodeest'a</u> naaltsoos ba bilaah bika'ashkid 'aadoo lei 'alkee' yisdzoh bits'aadee' t'aa biholniihgo la'igii 'anishdin 'ahilka 'ana'alwo'.)			
'Adaashne-'alch'onii'ni baa 'ahashya 'Ahinoolin anaa' baa 'ahashya ('adishle) 'Ahinoolin akee' baa 'ahashya (ee' bii t'aa hazho'o bits'aadee' dine ee' na'idilkidii bits'aadee' ats'iistah 'ashjjh likan)	- Awoo' yinaainishi baa 'ahashya ('adishle) - Bigha'ijjil	- Das bits'aa' dahwiiniit'aah - Doo-nisihwiindeel baa 'ahashya dloo' ch'aa neiit'aash ana'i bii U.S.	

La'igii Tsinaabaas bik'i dah 'ahilka 'ana'alwo' (Bits'adeet'anigii t'aatsoh tsin bijeeh goo dii 'ahilka 'ana'alwo'. Dii ya' lei hadanisht'e 'alkee' yisdzoh. T'aa shoodi 'eesh'j nii <u>hodeest'a</u> naaltsoos.)			
'Adiists'a' bika 'anashwo' (ba aweeren 1 nahidizidjj' 'ajaa' bik'eh 36 yiziligii, ba 'be'eltse'ee' wodah goo \$5,000 nahidizidjj' 'ajaa' bik'eh 36 yiziligii) 'Adi'oh nish'aah 'azee' baah	- Ch'iyaan na'agizh - Chiropractic baa 'ahashya (Chiropractic 'aadoo Osteopathic ana'adlo' bits'adeet'anigii goo 20 hootaasha nahidizidjj' bik'ehgo nahidizidigii naahai)	- Hodishshooh na'agizh (t'eiya ba hasht'enashdleeh nihwiileeh ni'iishchjjh doodaii doo 'at'ehogoo bee 'at'e dee' acciawoo' yinaainishi 'atishleeh, sid, atsj' bii ni'ilts'i, doodaii aah dah haz'a) - T'aa sahdii holo-bicha hwiideeni' bi'iisht'o' (t'aa hazhoo ba kone' t'aa sahdii holo bicha hwiideeni' bi'iisht'o') (CHC binilo' la t'aa ninahahaah t'aala' aghaadi ee' PDN bits'aadee' 120 hootaasha)	

Nir T'aa 'ako goo T'aa k'eshyeed Deezla: 'Aadi bineesh'a naalchi'i eii bineesh'a dzaadi! daa ni doo t'aa k'ad goo t'aa k'eshye nii dzla bika bi 'alatah. Bii bihideeshnaah bika'ashkid ba eii naalchi'i shi: bii hodeest'a gi 1-888-895-6985, U.S. Naaltsoos bika'gi saad bits'aadee' naanish baa dinish'aah Bit'aa' t'aa 'adzaagoo yileeh T'aa hasih Naach'id gi 1-866-444-EBSA (3272) doodaii www.dol.gov/ebsa/healthreform, doodaii Naaltsoos bika'gi saad bits'aadee' Shanah naasha 'aadoo T'aa dinego 'ahilka 'ana'alwo', Alnii' ba Dine t'oo tadadikahigii Bika'ashkid 'aadoo Hane' bbikazi Biyaa 'aniideeh, gi 1-877-267-2323 x61565 doodaii www.cciio.cms.gov. La'igii Dezla 'alaajj' bee haasdzihi t'aatsoh 'asht'j bil hadlee' goo ni too, bil 'olta'go baa nahashniih t'aa 'adiighahago hane' bbikazi Dezla bigha bii shanah naasha hane' bbikazi Bo'ooshkaah ba'alk'ee. Ba bilaah bika'ashki 'aa bii Bo'ooshkaah ba'alk'ee, hootaasha www.HealthCare.gov doodaii bika hashne' 1-800-318-2596.

Nii Baa saad holo 'aadoo Bil 'algha'disht'aah T'aa 'ako: 'Aadi bineesh'a naalchi'i eii bineesh'a dzaadi! daa ni be'esdzaah lei naaltsoos bee 'iish'aa bik'aah nii hodeest'a ba a baah yish'j bits'aadee' lei doo 'adil beehoniszin da. Dii naaltsoos bee 'iish'aa shi yinishye lei baa saad holo doodaii Bil 'algha'disht'aah. Ba bilaah bika'ashkid 'aa nii t'aa 'ako, shoo! gi bii hodeest'a bits'aadee' bit'aa' t'aa 'adzaagoo yileeh ni hani bik'ehgo baa yiltsoos ba eii azee' doo 'adil beehoniszin da. Nii hodeest'a naaltsoos aldo' bik'inaasdzil hadanisht'e bika'ashkid goo 'ootl'ool lei doo 'adil beehoniszin da, Bil 'algha'disht'aah, doodaii lei baa saad holo ba t'aa biholniihgoo baanii goo nii hodeest'a. Ba bilaah bika'ashkid 'aa nii t'aa 'ako, dii o'oolkaah bee dah na'astsooz, doodaii 'ahilka' 'ana'alwo, bihideeshnaah: Dinishtl'zh Tse'naa 'aadoo Dinishtl'zh Bich'aah naasha bits'aadee' Illinois gi 1-888-895-6985 doodaii hootaasha www.bcbsil.com, doodaii bihideeshnaah bii U.S. Naaltsoos bika'gi saad bits'aadee' naanish baa dinish'aah Bit'aa' t'aa 'adzaagoo yileeh T'aa hasih Naach'id gi 1-866-444-EBSA (3272) doodaii hootaasha www.dol.gov/ebsa/healthreform. T'aala'i bi'aa yilts'ilgo, lei dine t'oo tadadikahigii 'ahilka' 'ana'alwo hweesh'aal bineesh'a dzaadi! ni nii Bil 'algha'disht'aah. Bihideeshnaah bii Illinois Naaltsoos bika'gi saad bits'aadee' Hane' bbikazi gi (877) 527-9431 doodaii hootaasha <http://insurance.illinois.gov>.

'Ashneeh dii hodeest'a bik'inaasdzil Wokeed A'adaat'ehigii Dezla? Aoo' 'auu'

Wokeed A'adaat'ehigii Dezla t'aa 'at'egoly 'iinishta's hodeest'as, shanah naasha hane' bbikazi bil hadlee' bigha bii Bo'ooshkaah ba'alk'ee doodaii la'igii t'aa 'adiighahago na'iini' baa niit'aash, Medicare, Medicaid, CHIP, TRICARE, 'aadoo binishkaah la'igii Dezla. Daa ni bineesh'a badi'nish'aah ba binishkaah types bits'aadee' Wokeed A'adaat'ehigii Dezla, ni t'aatsoh doo 'asht'j badi'nish'aah ba bii premium tax credit (doo bida'jitijhgoo beeso bidahidi'niligii 'aah haastseeh).

'Ashneeh dii hodeest'a 'alch'j' naalk'id bii Wokeed 'Anishli Shila' bee sezi? Aoo' 'auu'

Daa nii hodeest'a dineshkai 'alch'j' naalk'id bii Wokeed 'Anishli Shila' bee sezi, ni t'aatsoh 'asht'j badi'nish'aah ba a premium tax credit (o bida'jitijhgoo beeso bidahidi'niligii 'aah haastseeh) goo dzaadi! ni doo hozho 'iljigoo ba lei hodeest'a bigha bii Bo'ooshkaah ba'alk'ee.

Dine bizaad Hadahwiis'a 'ahilka 'ana'alwo':

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-895-6985.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-895-6985.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-895-6985.

Navajo (Dine): Dinekehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-895-6985.

Goo 'eesh'j ladaa's bits'aadee' haa dii hodeest'a dziili bee ak'esti'i t'aadoo baahilinigoo ba lei bitaa'asha' azee' ts'in hasht'e', 'eesh'j bii naana naaltsoos bika'gi.

'Aa dii Dezla Ladaa's:



Dii shi doo lei baah 'ilj bee na'anishi. 'Azee' baah sht'aa bijj bineesh'a t'aa bilgo ladaa's bits'aadee' haa dii hodeest'a dziili bee ak'esti'i azee' baa 'ahashya. Nii iyyisii t'aadoo baahilinigoo hani bik'ehgo 'asht'j al'aa bee hodinists'iid 'akaa'gi bii iyyisii baa 'ahashya ni baa yiltsoos, bii baah 'ilinigii nii t'aa shi 'ak'iisdzil yeel, 'aadoo la'i la'igii t'aadoo le' 'adaal'jigi. 'Ahanishkaad 'akaa'gi bii baah 'ilj-alt'saa' 'ak'iizgo t'aa 'alch'jido (naa'iinih, ha'asdiis 'aadoo cohane' bbikazi) 'aadoo anishdin 'ahilka 'ana'alwo ayaa bii hodeest'a. T'aa ch'jigoo dii bika'ashkid goo bidininaa bii lahijj' bits'aadee' t'aadoo baahilinigoo ni dziili bee doo hozho 'iljigoo ayaa al'aa shanah naasha hodeest'as. T'aa shoodi nish'j dii dezla ladaa's bineesh'a tsetsiin 'akaa'gi t'aalah-t'eiya Dezla.

Peg shi 'alhee lei Awee'

(9 yiziligii bits'aadee' di-netnaanish daa' ala'baa 'ahashya 'aadoo a azee'al'j baa nishheeh)

- Bii hodeest'a's t'aa 'at'ee nt'ee' naa'iinih \$750
- 'Alkee' yisdzoh ha'asdiis \$40
- Azee'al'j ('ahashleeh) cohane' bbikazi 20%
- La'igii cohane' bbikazi 20%

Dii LADAA' bil k'eedish'eeht 'iinishta's 'ahilka 'ana'alwo' k'eh:

'Alkee' yisdzoh nizaajj' na'anishigii hootaashas (daa' ala' baa 'ahashya)

'Awee' hanisood/Baa nishheeh Ts 'ida bik'eet'ani 'ahilka 'ana'alwo'

'Awee' hanisood/Baa nishheeh 'ahashleeh 'ahilka 'ana'alwo'

Ee'deetjihii 'azada'ashnils (diits'a' yilk'ooligii 'aadoo yishtlish naanish)

'Alkee' yisdzoh hootaasha (anesthesia)

T'aa 'at'rgo Ladaa' Baah 'ilj	\$12,700
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Di dii ladaa', Peg laanaa 'iljigoo:

<u>Baah 'ilj Alts'aa' 'ak'iizgo</u>	
<u>Naa'iinih</u>	\$750
<u>Ha'asdiis</u>	\$40
<u>Cohane' bbikazi</u>	\$2,400
<u>Ha'at'iisha' ya' tsinaabaas bik'i dah</u>	
Bits'adeet'anigii doodaii t'aa bizhani	\$60
Bii t'aa 'at'rgo Peg laanaa doo hozho 'iljigoo shi	\$3,250

Beegashii yii' Joe's Biighahi 2 Ats'iistah 'ashjjh likan

(a naahai bits'aadee' 'ahinoolin di-netnaanish baa 'ahashya bits'aadee' lei jo'-ayaa 'ahish'niil doo 'at'ehogoo)

- Bii hodeest'a's t'aa 'at'ee nt'ee' naa'iinih \$750
- 'Alkee' yisdzoh ha'asdiis \$40
- Azee'al'j ('ahashleeh) cohane' bbikazi 20%
- La'igii cohane' bbikazi 20%

Dii LADAA' bil k'eedish'eeht 'iinishta's 'ahilka 'ana'alwo' k'eh:

'liniih baa 'ahashya azee'iil'ini nizaajj' na'anishigii hootaasha (bil 'olta'go aah dah haz'a ihoo'aah)

Ee'deetjihii 'azada'ashnil (yishtlish naanish)

Biniye 'azee' tsi'nda'iilahigii

Dits'id azee' t'aa yinelee (glucose meter)

T'aa 'at'rgo Ladaa' Baah 'ilj	\$5,600
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Di dii ladaa', Joe laanaa 'iljigoo:

<u>Baah 'ilj Alts'aa' 'ak'iizgo</u>	
<u>Naa'iinih</u>	\$750
<u>Ha'asdiis</u>	\$800
<u>Cohane' bbikazi</u>	\$30
<u>Ha'at'iisha' ya' tsinaabaas bik'i dah</u>	
Bits'adeet'anigii doodaii t'aa bizhani	\$20
Bii t'aa 'at'rgo Joe laanaa doo hozho 'iljigoo shi	\$1,600

Mia's Beehozinigo K'inishtiih

(di-netnaanish nisihwiindeel bihooghah hootaasha 'aadoo t'aa 'alkee' ha'naa wodah baa 'ahashya)

- Bii hodeest'a's t'aa 'at'ee nt'ee' naa'iinih \$750
- 'Alkee' yisdzoh ha'asdiis \$40
- Azee'al'j ('ahashleeh) cohane' bbikazi 20%
- La'igii cohane' bbikazi 20%

Dii LADAA' bil k'eedish'eeht 'iinishta's 'ahilka 'ana'alwo' k'eh:

Nisihwiindeel bihooghah baa 'ahashya (bil 'olta'go azee' biighahi)

Ee'deetjihii 'azada'ashnil (agha'deeldlaad)

Dits'id azee' t'aa yinelee (bilaad)

Nadziih 'ahilka 'ana'alwo' (bidi'nil'j baa jiinishba')

T'aa 'at'rgo Ladaa' Baah 'ilj	\$2,800
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Di dii ladaa', Mia laanaa 'iljigoo:

<u>Baah 'ilj Alts'aa' 'ak'iizgo</u>	
<u>Naa'iinih</u>	\$750
<u>Ha'asdiis</u>	\$300
<u>Cohane' bbikazi</u>	\$300
<u>Ha'at'iisha' ya' tsinaabaas bik'i dah</u>	
Bits'adeet'anigii doodaii t'aa bizhani	\$0
Bii t'aa 'at'rgo Mia laanaa doo hozho 'iljigoo shi	\$1,350



Doo-Nahdigo baa ntseeskes O'oolkaah bee dah na'astsooz

Shanah naasha Baa 'ahashya Dezla shi Ts'ida biholniihgo ba Bik'ehone

Nihi 'ashneeh doo nahdigo baa ntseeskes 'akaa'gi bii 'ei binahjj' bits'aadee' 'al'aa dine'e, 'al'aa 'aat'eelii, dine'e k'eh (bil 'olta'go bits'adeet'anigii English ihoo'aa'ii 'aadoo lahgo 'anashdleehe dine bizaad), sa, bee bich'j', doodaii na'acha' bi'niigha (gi ayaastood di bii choo'j beehaz'aanii). Nihi bik'inaasdzil dine'e ee' haageeh ee' baanii bineesh'a lahgo 'ashleeh 'aadoo t'aadoo baahilinigoo kwiidi bika 'anashwo' goo badi'nish'aah ba bideelni kwiidi ee' nihi. Nihi aldo' bik'inaasdzil t'aadoo baahilinigoo dine bizaad 'ahilka' 'ana'alwo' 'ahilka' 'ana'alwo' goo dine'e haish bi lahgo 'anashdleehe dine bizaad shi doo English.

Goo baa yiltsoos baaniiable lahgo 'ashleeh, kwiidi bika 'anashwo' doodaii dine bizaad 'ahilka' 'ana'alwo' t'aadoo baahilinigoo bits'aadee' yeel, t'aa shoodi bika hashne' nihi gi 855-710-6984.

Daa ni yinishdla nihi be'esdzaah ch'eeh 'asht'j' goo bik'inaasdzil lei 'ahilka' 'ana'alwo', doodaii bitsiits'iin bii' si'a nihi be'esdzaah nahdigo baa ntseeskes di anla'igii 'akooh, ni bineesh'a naaki lei baa saad holo ee':

Nizaajj' na'anishigii bits'aadee' Bee haz'a T'aa 'ako 'adil nahwiishjaah Beesh bee hane'e: 855-664-7270 (iinee' naaltsoos naage)

Bidiishkaal: Nizaajj' na'anishigii bits'aadee' Bee haz'a T'aa 'ako 'adil nahwiishjaah TTY/TDD: 855-661-6965

300 E. Randolph St., 35th Ni' E-naaltsoos naage: 855-661-6960

Chicago, IL 60601 Enaaltsoos naage: civilrightscoordinator@bcbsil.com

Ni bineesh'a naaki a baa saad holo ee' naaltsoos naage, e-naaltsoos naage doodaii enaaltsoos naage. Daa ni t'aa 'akoneehee dzaadi! aah naach'iizh lei baa saad holo, t'aa shoodi bika hashne' bii baah 'ilinigii-t'aadoo baahilinigoo beesh bee hane'e noomba 'alkee' yisdzohed 'akaa'gi bii 'anaghahi bits'aadee' nii ID da'aka' (TTY: 711).

Ni t'aatsoh naaki a bee haz'a t'aa 'ako naaltsoos bee 'iish'aad ee' bii US Naaltsoos bikaa'gi saad bits'aadee' Shanah naasha 'aadoo T'aa dinego 'ahilka' 'ana'alwo', Nizaajj' na'anishigii ba Bee haz'a T'aa 'ako, gi:

US Bi'iil bits'aadee' Shanah naasha & T'aa dinego 'ahilka' 'ana'alwo' Beesh bee hane'e: 800-368-1019

200 Independence Avenue SW TTY/TDD: 800-537-7697

Bihooghah 509F, HHH Kin Naaltsoos bee 'iish'aad Bilatah: ocrportal.hhs.gov/ocr/smartscreen/main.jsf

Washington, DC 20201 Naaltsoos bee 'iish'aad T'aa dinego: hhs.gov/civil-rights/filing-a-complaint/index.html

Dii o'oolkaah bee dah na'astsooz shi bil hadlee' 'akaa'gi nihi website at bcbsil.com/legal-and-privacy/non-discrimination-notice.

ATTENTION: If you speak another language, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 855-710-6984 (TTY: 711) or speak to your provider.

Español Spanish	ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 855-710-6984 (TTY: 711) o hable con su proveedor.
العربية Arabic	تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم (TTY: 711) 855-710-6984 أو تحدث إلى مقدم الخدمة.



中文 Chinese	注意：如果您说中文，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 855-710-6984（文本电话：711）或咨询您的服务提供者。
Français French	ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 855-710-6984 (TTY : 711) ou parlez à votre fournisseur.
Deutsch German	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 855-710-6984 (TTY: 711) an oder sprechen Sie mit Ihrem Provider.
ગુજરાતી Gujarati	ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો મફત ભાષાકીય સહાયતા સેવાઓ તમારા માટે ઉપલબ્ધ છે. યોગ્ય ઓફિસિયલ સહાય અને એક્સેસિબલ ફોર્મેટમાં માહિતી પૂરી પાડવા માટેની સેવાઓ પણ વિના મૂલ્યે ઉપલબ્ધ છે. 855-710-6984 (TTY: 711) પર કોલ કરો અથવા તમારા પ્રદાતા સાથે વાત કરો.
हिंदी Hindi	ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 855-710-6984 (TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।
Italiano Italian	ATTENZIONE: se parli italiano, sono disponibili servizi di assistenza linguistica gratuiti. Sono inoltre disponibili gratuitamente ausili e servizi ausiliari adeguati per fornire informazioni in formati accessibili. Chiama l'855-710-6984 (tty: 711) o parla con il tuo fornitore.
한국어 Korean	주의: 한국어 를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 855-710-6984(TTY: 711) 번으로 전화하거나 서비스 제공업체에 문의하십시오.
Diné Navajo	SHOOH: Diné bee yánilt'igogo, saad bee aná'awo' bee áka'anída'awo'ít'áá jik'eh ná hóló. Bee ahil hane'go bee nida'anishí t'áá ákodaat'éhígíí dóo bee áka'anída'wo'í áko bee baa hane'í bee hadadilyaa bich'í' ahoot'ígíí éí t'áá jik'eh hóló. Kohj'í' 855-710-6984 (TTY: 711) hodíilnih doodago nika'análwo'í bich'í' hanidzihi.
Farsi فارسی	توجه: اگر فارسی صحبت می کنید، خدمات پشتیبانی زبانی رایگان در دسترس شما قرار دارد. همچنین کمک ها و خدمات پشتیبانی مناسب برای ارائه اطلاعات در قالب های قابل دسترس، به طور رایگان موجود می باشند. با شماره 855-710-6984 (تلفن نابینا: 711) تماس بگیرید یا با ارائه دهنده خود صحبت کنید.
Polski Polish	UWAGA: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe pomoce i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 855-710-6984 (TTY: 711) lub porozmawiaj ze swoim dostawcą.
РУССКИЙ Russian	ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 855-710-6984 (TTY: 711) или обратитесь к своему поставщику услуг.
Tagalog Tagalog	PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyonang tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 855-710-6984 (TTY: 711) o makipag-usap sa iyong provider.
Urdu اردو	توجه دیں: اگر آپ اردو بولتے ہیں، تو آپ کے لیے زبان کی مفت مدد کی خدمات دستیاب ہیں۔ قابل رسائی فائر میس میں معلومات فراہم کرنے کے لیے مناسب معاون امداد اور خدمات بھی مفت دستیاب ہیں۔ 855-710-6984 (TTY: 711) پر کال کریں یا اپنے فراہم کنندہ سے بات کریں۔
Việt Vietnamese	LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 855-710-6984 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn.